

SPRING 2010 KSU CLASSES OFFERED – HERE AT PRO FITNESS.....

YOGILATES -- ALL TAUGHT BY DIANA KNOX

#20629 – M/W 9:00am (Jan 20 to Mar 10)

#20721 – M/W 9:00am (Mar 22 to May 5)

#20722 – M/W 1:30pm (Jan 20 to Mar 10)

#20720 -- M/W 1:30pm (Mar 22 to May 5)

#20719 – T/R Noon (Jan 14 to Mar 4)

#20716 -- T/R Noon (Mar 9 to May 6)

TOTAL BODY TONING

#20736 – M/W Noon (Jan 20 to Mar 10) -- *DIANA KNOX*

#20734 – M/W Noon (Mar 22 to May 5) -- *DIANA KNOX*

#20733 – T/R 9:30am (Jan 14 to Mar 4) – *DIANA KNOX*

#20712 -- T/R 9:30am (Mar 9 to May 6) -- *DIANA KNOX*

#20732 – T/R 1:30p (Jan 14 to Mar 4) – *DIANA KNOX*

#20711 -- T/R 1:30p (Mar 9 to May 6) -- *DIANA KNOX*

#21161 -- M/W 10:30am (Jan 20 to Mar 10) – *STACY KECK*

#21160 -- M/W 10:30am (Mar 22 to May 5) -- *STACY KECK*

#21156 -- T/R 7:00pm (Jan 14 to Mar 4) – *STACY KECK*

#21157 -- T/R 7:00pm (Mar 9 to May 6) -- *STACY KECK*

#20626 – M/W 4:20pm (Jan 20 to Mar 10) – *DARYL BUSSEN*

#20627 – M/W 4:20pm (Mar 22 to May 5) – *DARYL BUSSEN*

FOR MORE INFORMATION, GO TO www.k-state.edu/ufm AND CLICK ON CREDIT OR NON-CREDIT.

COMING THIS SUMMER....(June 8 to July 29)—ALL TAUGHT BY DIANA KNOX

#12303 – Total Body Toning -- T/R 10am

#12300 – Yogilates – T/R Noon

#12297 – Yogilates – T/R 7pm

NON-CREDIT ONLY—Yoga for Athletes – Sun 4:30pm