

SPRING 2010 – SATURDAY ROTATIONS (CardioCore)

Jan 2	Diana	Mar 13	ST PAT'S RACE (no class)
Jan 9	Stacy	Mar 20	Diana
Jan 16	Annie (Pwr Sculpt)	Mar 27	Chelsi
Jan 23	Daryl	Apr 3	Annie (Pwr Sculpt)
Jan 30	Chelsi	Apr 10	Stacy
Feb 6	Diana	Apr 17	ARBOR DAY RUN (no class)
Feb 13	Stacy	Apr 24	Daryl
Feb 20	Daryl	May 1	Chelsi
Feb 27	Chelsi	May 8	Annie
Mar 6	Annie (Pwr Sculpt)	May 15	Stacy

** Occasional substitutions may occur